



the raiser

The Official Newsletter of
Raise The Gong Inc.

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Proudly supporting the community
Fairy Meadow Community Bank® Branch



Platinum Sponsor of Raise The Gong is
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In memory....



Raise The Gong recently lost a dear friend and member—Silvana Cappetta. Silvana was the mum of our president, Chelsea, and was the inspiration for the establishment of Raise The Gong.

Silvana was diagnosed with breast cancer in 2005, and the plans for Raise The Gong began then. Sadly, secondary cancer was diagnosed in 2009 and Silvana fought it tough for two years, before passing away on Mothers Day, surrounded by her loved ones.

Raise The Gong have set up an [In Memory](#) webpage, which will be dedicated to those special people who we have lost, and for whom we do the work we do. Donations can be also made in the name of these people, directly to Raise The Gong, and will be acknowledged within our communications and online.

Raise The Gong members are invited to share their memories of great women they have lost to cancer, or other illnesses. Our [In Memory](#) page will be for all members to honour those women who we dearly miss. Please contact our President [Chelsea Cappetta](#) for more information on how to add a tribute to your loved one. Please note, however, that as much as we would like to include everyone, at this stage we can only accept tributes from our members.

Berkeley Eagles Partnership



**Upcoming games:
show your support!**

**4/6/11—Ziems Park,
Corrimal, 2pm**

**18/6/11—Berkeley
Sports Club, 1pm**

In April, Raise The Gong and Berkeley Eagles Women's Team announced their new charity partnership. As a health promotion activity, Raise The Gong have sponsored the team jerseys, and the [Berkeley Sports Club](#) will host some of our board member meetings.

Attend some of the games to show your support, and you'll likely see some of our board members and volunteers there!

We look forward to a long and successful relationship!

Welcome to our new board!

Our Annual General Meeting was held on Tuesday 19th April at Berkeley Sports Club. At this meeting nominations were accepted, and a new board was welcomed to Raise The Gong.

There were some changes to the Management Committee:

- President—**Chelsea Cappetta**
- Vice President—**Gemma Curci**
- Treasurer—**Lyn Pantalone**
- Secretary—**Kay Tiyce**
- Member Services—**Alicia Wesley**
- Executive Member—**Tina Moreton**
- Executive Member—**Lauren Ognenovski**
- Executive Member—**Ellie Latham**

We thank those board members standing down for the year: Melissa Jenner, Amy Craig and Kate Angelucci—all will be missed. Melissa was a founding member of Raise The Gong and has had continuous service on our board since 2006. Amy has been with the board since 2007 and has now moved to Sydney. Kate has left us to pursue full time employment. All still remain active members.

You can also download our [Annual Report for 2010/11](#) and see what Raise The Gong achieved last year!

Time for the stars to come out at Hollywood Night!



**WIN A \$2000 TRAVEL VOUCHER
IN OUR HOLLYWOOD RAFFLE!**

Our Hollywood Raffle is on again! You could be jet-setting away to see the real Hollywood, or any other destination you choose, just by buying a ticket in our raffle.

Only 2000 tickets will be sold so

Our 3rd Annual Hollywood Gala Fundraising Dinner is coming up! Join us on **Friday 16th September** for a night of glitz, glamour and of course, fun!

The event will be held at the Portofino Function Centre, and bookings are essential. Seats are limited so book early to avoid disappointment. [Download your invite.](#)

Tickets are available online on the [Raise The Gong Hollywood page](#). Tickets are \$110 each, or \$90 for any current financial member of Raise The Gong—now is a good time to join or renew!

Your ticket includes a 3-course sit down meal, beverages (beer, wine and soft drink), entertainment, prize giveaways and more!

Only 1000 tickets will be sold so
don't miss out. Just \$5.00 gets
you a chance to WIN!!

**EMAIL US IF YOU CAN SELL
SOME TICKETS ON OUR BEHALF!**

Visit our [Hollywood Raffle](#) page
for more information or email
fundraising@raisethegong.org.au
to buy yours today.

Last year we were lucky enough to have Charlie Chaplin and Marilyn Monroe
attending, and the paparazzi were out in full force—who knows who will be there
this year!

All funds raised at our Hollywood Gala Fundraising Dinner go towards Raise The
Gong, and assist us in the ongoing production and distribution of our Chemo Care
Kits—that are delivered free of charge to all local women entering into
chemotherapy for the first time. Come along and support the cause!!

WINTER WARMER MEMBERSHIP DRIVE



Stay warm and toasty with our Slow Cooker and Cookbook pack!

Join or renew before Friday 8th July
2011, and you'll go into the draw to
win a Kambrook Banquet 6.5L Slow
Cooker and recipe books.

Visit our [Membership](#) page for more
details.

CONDITIONS OF ENTRY: Eligible
memberships are for 12 month or more for
NEW members. Only 1 prize will be drawn on
12/7/11. Only memberships that have been
paid and processed by this date will be
entered .

Already a member??

Current members may extend their
membership by 3-months for \$5.00 to
enter this draw. Please contact our
[Membership Services Officer](#) for more
details!

Trivia Night Success!

Thank you to all of you who came out to celebrate our spooky Friday 13th
trivia night, held recently at City Diggers, Wollongong. The night was a
resounding success, with more attendees than ever before!

Many of our guests got into the spirit and wore their spooky costumes, earning
bonus points for their teams. Lots even participated in our "Time Warp" dance
off, earning themselves extra points and prizes.

Through ticket sales, dutch raffle and lucky balloons, Raise The Gong raised a
grand total of \$2848.32—our biggest and best trivia night yet!

These funds will hopefully be going towards purchasing equipment and items
for patients and families of palliative care services in our region., to benefit
local people that need our assistance and support. Thank you to all who
attended and helped us achieve this great result.

A healthy winter soup!



Stay warm and healthy over winter by chowing
down on some yummy vegetable based soups
while you're rugged up in front of the TV!

Barley is a great addition to your winter soups,
as it's one of the healthiest grains, and gives
your cooking a great nutty flavour.

Click here for a great recipe
for [Vegetable, Barley and
Pasta Soup](#).

Add some Soy and Linseed toast and you've
got a winner!

Got comments or feedback about our newsletter? Contributions are most welcome! Please forward your information to
info@raisethegong.org.au

Raise The Gong respect your privacy and will not share your personal information with anyone at all...even if they beg!

To unsubscribe from our mailings, please [CLICK HERE](#).